



Blizzard Bag Activities #3

Practice asking questions to get information or help.	Answer and take a phone message. Be sure it gets delivered.	Show that you understand directions by restating what you will do.	List the food groups and add your favorite foods to it.
Clean and wipe down all surfaces of a microwave oven.	Exhibit good listening skills: eye contact, attention, repeat what you heard.	Watch the weather. Pick out appropriate clothes for the day.	Plan and practice how to handle an emergency.
Safely use a garbage disposal, or scrape table scraps into the garbage.	Collect, wash, dry, fold, and replace bathroom towels.	Clean the toilet. Wear gloves and exhibit safety skills.	Clean, trim and file you nails.
Carefully open a can using a can opener.	Deep clean your kitchen sink and surrounding area.	Discuss why it is important to be truthful.	Call a friend or family member just to talk.
Carry and use an umbrella. Don't forget to take it with you when you leave	Watch the news. Discuss a story and how it made you feel.	Clean out and wipe down your refrigerator. Dispose of "old" items.	Use cooking measurement tools: cups, spoons or scale.

DIRECTIONS:

Select 10 activities from the grid to complete over the next 10 days. Parent initials the square after you complete the activity. Complete the written assignment attached to this paper for each activity.

Turn in you completed Activity Page by:

